



Lenten Family Journey

ENTHUSIASM OF JULY ASSEMBLY LIVES ON
COME TAKE A LENTEN FAMILY JOURNEY WITH US

The presentation by Sr. Carol Zinn, SSJ at our National Assembly evoked positive responses within the hearts of Sisters Theresita Donach, Thea Krause, and Michaela Tomkowiak. Our initial journey was to have been an African safari; but due to the recent disaster in Haiti, their initiatives sparked the “Lenten Family Journey” as our response to support the poor families of Haiti.

WHO: CSFN and Associates

What: Our Communal Lenten Peace & Justice Initiative

WHEN: Lent 2010

WHERE: Locally

WHY: Live our mission by supporting poor families

HOW: Lenten monetary donation determined @ local level



Suggestions:

- *Soup – Sandwich – Supper: Donate difference from a full meal cost*
- *Individual donations by Sisters*

Pray this Prayer of Compassion:

*O God – when we have food, Help us to remember the hungry;
When we have work, Help us to remember the jobless;
When we have a warm home, Help us to remember the homeless;
When we are without pain, Help us to remember those who suffer;
And remembering, Help us to destroy our complacency
and bestir our compassion. Make us concerned enough to help,
By word and deed, those who cry out – For what we take
for granted.*



Haiti Update



Support: Forward In Health . www.forwardinhealth.com

The origins of Forward in Health go back to 2001 as a result of a visit to Sacred Heart parish in Gardner, MA by Sister Theresita who worked with the Diocese of Worcester's Haitian Apostolate. Motivated by her presentation, Dr. Mulqueen and volunteers first visited

Les Cayes to provide medical care that year. Each year since, both Dr. Mulqueen and his wife Paula, a registered nurse, have made separate medical missions to Haiti.

Our mission is to improve the health conditions and dignity of the people in and around Les Cayes, Haiti.

Some ask "Why Haiti? Surely there are plenty of causes locally to worry about." There are many possible answers. Essentially, it comes down to a level of poverty unknown in the United States. Here, we have many social safety nets to help those in need. True, we still have people who do not eat enough and are hungry. The difference is that in Haiti the level of poverty is not just lacking enough food, it is not having any. There are no government safety nets. People go without and many die without organizations such as FII to help.

This is a poverty that causes death. No food, no clean water, no medical care. Our hope is to relieve this level of desperation. A child with an ear infection, pneumonia, or appendicitis has no access to basic medical care. We are especially qualified to help fulfill this need. Forward in Health's mission is accomplished by caring and well-trained medical professionals and committed volunteers who work hand-in-hand with local institutions of Les Cayes.

Support the Haitian Children.....especially those sheltered now at Holy Family Institute.

Holy Family Institute (HFI) in Pittsburgh, Pennsylvania has stepped up to the plate to help in the aftermath of the earthquake in Haiti. They have accepted 12 children from Haiti temporarily until adoptive families can be found.

HFI board member Ken Melani, M.D. President and CEO of Highmark Inc., is chairing the "Holy Family Children's Fund" campaign to raise money to help take care of the Haitian children as needs arise.

Please see: www.holyfamilychildrensfund.org for updated information on volunteering your services and updated information on the Haitian children.

Or, Please see: www.nazarethcsfn.org for more information about the Haitian children and updates on this effort.



Support Resurrection Hospital's efforts.

Resurrection Health Care System has teamed up with Saint Alphonsus Hospital to help the earthquake victims in Haiti. Saint Alphonsus already had a connection to Haiti.

In 1994, Saint Alphonsus Hospital became aware of the works of two Catholic priests in Haiti. Fathers Rick Frechette and William Wassion started a Hospital called St. Damien Hospital. Their focus was to help those children that had been abandoned because of AIDS. To date they have helped some 650 children.

As a result of the earthquake as of February 2nd this hospital currently is housing 210 children and 30 adults, with more expected soon from the "USS Comfort." Many of the children are amputees and need daily dressing changes and antibiotics. In addition to the hospital there are four mobile clinics that are helping 70-140 patients each.

For more information about Saint Alphonsus/St. Damien Hospital efforts see: www.saintalphonsus.org/Foundation_gifts_projecthaiti.html

HELP US CELEBRATE THIS LENTEN JOURNEY

Share how this community project touched your life.

The Lenten Family Journey:

- How did this practice help you to connect with the poor?*

- How has this Lenten Journey touched your life, your heart during Lent, 2010?*

- Has it changed YOU in any way?*

Please fill out and return this response sheet by April 9th to:

*Sr. Theresita Donach
31 St. Paul St.
Blackstone, MA 01504*

Make checks payable to: CSFN. Mail to: Kathy Barth, Development Office, 310 N. River Road, Des Plaines, IL 60016

Convent/Name ----- Donation ----

Address -----

City/State/Zip -----

Name the organization(s) you wish to support
